

# Reduction of Intra- and Postoperative Bleeding Using Fibrin Spray Adhesive for Surgically Assisted Maxillary Expansions

## Case Report from Dr. Franco Ravera Zunino Hospital

CASE REPORT

**Disminución de sangrados intra y post operatorios con el uso de adhesivo de fibrina en aerosol para expansiones maxilares quirúrgicamente asistidas**

Informe de caso en el Hospital Dr. Franco Ravera Zunino de Rancagua









**Diminuição de sangramento intra e pós-operatórios com adesivo de fibrina em spray para expansões maxilares cirurgicamente asistidas**

Relato de caso no Hospital Dr. Franco Ravera Zunino de Rancagua

### Abstract

Over the past decades, blood derivatives have contributed to advances in various surgical fields, and maxillofacial surgery has been no exception. Among the advantages of these products are their growth factors and platelet content, which accelerate platelet plug formation and are particularly useful in surgeries with a high probability of significant bleeding. We present the case of a 23-year-old patient who underwent Surgically Assisted Rapid Palatal Expansion (SARPE) at Dr. Franco Ravera Zunino Hospital in Rancagua, with direct application of the Vivostat® system to the nasal fossae and Le Fort I osteotomy sites. Minimal intraoperative bleeding was observed, without the need for controlled hypotension by the anesthesiology team. The use of spray-applied fibrin adhesive via the Vivostat® system proved to be an effective and safe method for reducing intraoperative and postoperative bleeding, providing improved surgical control and uniform sealing of the surgical sites. These findings suggest a potential clinical benefit that should be confirmed in studies with larger sample sizes.

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## Resumen

Los hemoderivados han aportado en las últimas décadas avances en distintos campos quirúrgicos. La Cirugía Maxilofacial no ha estado exenta. Dentro de las ventajas de estos productos están los factores de crecimiento y la presencia de plaquetas que aceleran el proceso de formación del tapón plaquetario, lo cual es de gran utilidad en cirugías con probabilidad de sangrados abundantes. Se presenta el caso de un paciente de 23 años, operado de Expansión Palatina Rápida Asistida Quirúrgicamente (SARPE) en el Hospital Dr. Franco Ravera Zunino de Rancagua, con aplicación directa del sistema Vivostat® en fosas nasales y abordajes de osteotomía Le Fort I, verificando mínimo sangrando en el intraoperatorio sin necesidad de manejo sistémico con hipotensión controlada por parte de anestesiología. El uso de adhesivo de fibrina en aerosol, sistema Vivostat®, se mostró como una herramienta eficaz y segura para disminuir el sangrado intraoperatorio y postoperatorio, ofreciendo además un mejor control quirúrgico y un sellado uniforme de los abordajes. Los hallazgos sugieren un potencial beneficio clínico que debe confirmarse en estudios con mayor número de casos.

**Palabras clave:** Procedimientos Quirúrgicos, Operatorios; Técnica de Expansión Palatina; SARPE; Plasma Rico en Plaquetas (PRP); Fibrina, hemoderivados.

## Introduction

The transverse maxillary dimension is an essential component for occlusal function and stability.<sup>(1)</sup> Several treatment options are available to correct transverse deficiencies, including orthodontic approaches involving dental and orthopedic expansion through rapid maxillary expansion (RME), as well as surgical options.<sup>(2,3)</sup> The latter is indicated when the patient has completed fusion of the midpalatal sutures, increasing skeletal resistance and rendering RME ineffective.<sup>(2,3)</sup>

Surgically Assisted Rapid Palatal Expansion (SARPE) is a procedure used to correct transverse maxillary deficiencies greater than 5 mm in patients with complete skeletal maturity,<sup>(1,4)</sup> in which areas of skeletal resistance are released through a Le Fort I osteotomy or its modifications,<sup>(2,5)</sup> providing favorable orthopedic and surgical results.<sup>(3,5)</sup>

## Resumo

Nas últimas décadas, os derivados do sangue trouxeram avanços em diferentes campos cirúrgicos. A cirurgia maxilofacial não ficou de fora. Entre as vantagens desses produtos estão os fatores de crescimento e a presença de plaquetas que aceleram o processo de formação do tampão plaquetário, o que é muito útil em cirurgias com probabilidade de sangramento abundante. Apresentamos o caso de um paciente de 23 anos, operado de SARPE no Hospital Dr. Ravera Zunino de Rancagua, com aplicação direta do sistema Vivostat em narinas, e abordagens de osteotomia Le Fort 1, verificando-se hemorragia mínima no intra-operatório sem necessidade de manejo sistémico com hipotensão controlada pela anestesiologia. A utilização de cola de fibrina em spray, o sistema Vivostat®, demonstrou ser uma ferramenta eficaz e segura para reduzir as hemorragias intraoperatórias e pós-operatórias, além de oferecer um melhor controle cirúrgico e uma selagem uniforme dos pontos de acesso. Os resultados sugerem um potencial benefício clínico que requer confirmação em estudos de maior dimensão.

**Palabras chave:** Procedimientos Cirúrgicos Operatorios; Técnica de Expansão Palatina; SARPE; Plasma Rico em Plaquetas; Fibrina, produtos sanguíneos.

Although SARPE is considered a simple and safe procedure, its complication rates remain uncertain, with incidences reported in the literature ranging from 1% to 50% of cases.<sup>(1)</sup> These complications are classified as major, or of high morbidity, and minor, which do not produce sequelae and are treated on an outpatient basis.<sup>(1)</sup> One of the complications associated with SARPE described in the literature is epistaxis, for which the standard treatment is anterior and/or posterior nasal packing for 3 to 5 days.<sup>(3)</sup>

Open procedures involve surgical approaches that are not exempt from other complications such as dehiscence and early or late reopening of the surgical sites.<sup>(6)</sup> To prevent these, autologous elements such as blood derivatives have been incorporated to reduce the probability of such complications.<sup>(7)</sup> One example is Vivostat

Platelet-Rich Fibrin® (PRF), an autologous platelet concentrate used for the local treatment of chronic or complicated wounds.<sup>(7)</sup>

Several clinical reports and comparative studies have described the advantages of using aerosolized autologous fibrin adhesive (Vivostat® system) in various specialties, including reduced postoperative drainage in thoracic surgery,<sup>(8)</sup> immediate hemostasis in neurosurgery near eloquent cortical areas,<sup>(9)</sup> and a more uniform, lower-pressure application compared with conventional spray systems.<sup>(10)</sup> Safety and efficacy have been reported in thyroid surgery, with a reduction in drainage during the first 24 hours.<sup>(11)</sup> Possible disadvantages include higher cost and the need for equipment and preparation time. Heterologous fibrin glues (e.g., Tisseel®), synthetic adhesives (PEG, cyanoacrylates), and other autologous platelet concentrates (PRF/PRGF)<sup>(12)</sup> have been described as technical alternatives.

In light of the above, this work aims to present our experience with the Vivostat® system –a spray sealant that combines Platelet-Rich Plasma (PRP) with autologous fibrin, which is intended to reduce intraoperative and postoperative bleeding complications in the SARPE technique in a patient operated at Dr. Franco Ravera Zunino Hospital.

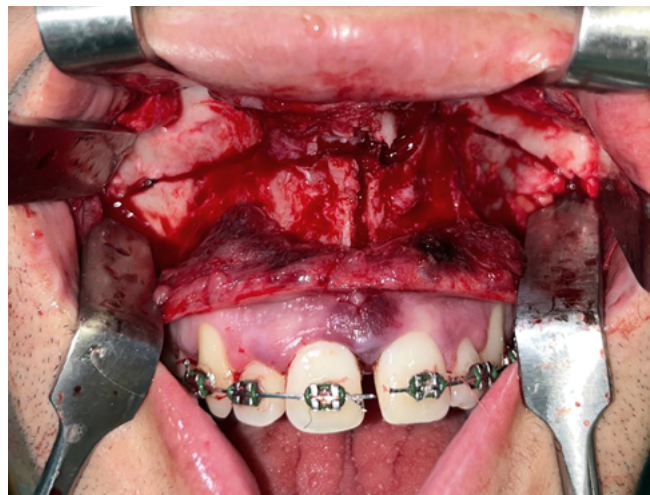
## Background

We report the case of a 23-year-old male patient with no relevant medical history, known allergies, or harmful habits (tobacco or alcohol use), who presented to the Maxillofacial Surgery Service of the Dr. Franco Ravera Zunino Regional Hospital in Rancagua, Chile. Following clinical and imaging evaluation with CBCT, and orthodontic assessment, treatment, and follow-up, a diagnosis of transverse maxillary deficiency was established. The multidisciplinary committee determined that the most appropriate therapeutic option was to perform a Surgically Assisted Rapid Palatal Expansion (SARPE) to correct this defect.

## Description

The surgical procedure was performed under general anesthesia in the central operating room. Following the protocol and technique described by the manufacturer (Vivostat®), 120 mL of blood was collected from the patient prior to surgery. During the intraoperative period, the product was used after completing the surgical approach and maxillary osteotomy (**Figure 1**). The collected blood was centrifuged, and at the time of use, the fibrin solution was loaded into the spraypen applicator unit of the system.

Application was carried out using small lateral movements (**Figure 2**), depositing the sealant and ensuring the formation of a visible white layer approximately 2 mm thick (**Figure 3**), thereby sealing the nasal floor mucosa and the surgical approaches in layers.



**Figure 1.** SARPE. Intraoperative view after Le Fort I osteotomy and maxillary expansion. Bleeding bone surfaces are observed following surgically assisted maxillary expansion.



**Figure 2.** Use of the Vivostat® system with a spraypen applicator unit. Application of the PRP-fibrin spray along the palatal midline after bony disjunction.



**Figure 3.** Vivostat® system adhered to the tissues. View of the maxilla after completion of the surgical expansion procedure and subsequent application of the fibrin adhesive.

A marked reduction in intraoperative bleeding was observed following application, with no need for hypotensive anesthetic management.

Postoperative follow-up was conducted after surgery and hospitalization, with serial evaluations at 7, 14, and 21 days. Long-term check-ups were then performed at 1, 3, and 6 months post-surgery, yielding satisfactory results without epistaxis or associated bleeding.

## Discussion

Before surgery, potential complications must be considered. In the case of the SARPE surgical technique, possible bleeding episodes that may occur during pterygomaxillary disjunction –due to injury to the pterygoid plexus– should be taken into account. During dissection of the nasal mucosa, tissue damage and loss may occur. The branches of the internal maxillary artery may also be compromised, particularly the descending palatine artery during the posterior osteotomy or the nasopalatine artery in the anterior osteotomy.<sup>(13)</sup>

Several studies in the literature have addressed the use of blood derivatives such as platelet-rich plasma (PRP) and fibrin-rich plasma (PRF). Marx et al. were the first to publish a study on the use of PRP in reconstructive maxillofacial surgery,<sup>(14)</sup> and since then, the procedure has been tested in various clinical contexts, with some authors reporting its benefits.<sup>(15)</sup> However, some studies have reported inconclusive or heterogeneous results, so further studies are required to justify its use.<sup>(15)</sup> On the other hand, regarding the current literature on

PRF, there is also a general lack of evidence. However, it has been established that it promotes rapid tissue healing and reduces the likelihood of bacterial infection.<sup>(16)</sup>

In this case report, we observed that the use of the Vivostat® system in the SARPE surgical technique yielded good results, serving as an excellent complement by reducing intra- and postoperative bleeding and contributing to the sealing of surgical approaches and sites. No bleeding events were observed, particularly epistaxis, which is reported as a frequent complication due to surgical damage to the nasal mucosa.<sup>(1)</sup> In addition, it provided the operator with greater control and comfort during handling thanks to the “spraypen” device. It should also be noted that the Vivostat® system is a sterile system that prevents manipulation prior to use, thereby reducing the possibility of microbial contamination.

The available evidence suggests that autologous fibrin spray adhesive (Vivostat®) can contribute to more efficient hemostatic control and reduced postoperative drainage in different surgical contexts,<sup>(8,11)</sup> as well as facilitate a uniform seal with lower application pressure compared to conventional spray systems.<sup>10</sup> In neurosurgery, immediate hemostasis has been reported, with less need for bipolar coagulation in areas near the eloquent cortex.<sup>9</sup> However, its adoption may be limited by cost and preparation logistics; alternatives include heterologous fibrin glues and synthetic adhesives (PEG, cyanoacrylates), in addition to other presentations of autologous platelet concentrates.<sup>12</sup> In maxillofacial surgery, although specific evidence remains limited, our findings are consistent with these potential benefits. However, larger comparative studies are required to confirm their impact on clinical outcomes.

Despite the success of this report, it remains highly important to continue deepening research to obtain more studies that justify the use of blood derivatives such as Vivostat®, with the aim of supporting decision-making through evidence-based medicine in clinical practice.

## Conclusion

The Vivostat® system, used as a surgical sealant, stood out in our study for providing favorable results and demonstrating clinical and therapeutic usefulness. It was notable for its easy preparation, handling, and application, apparently providing greater comfort for the operator. Based on the results obtained in this patient, we confirm that the fibrin sealant of the Vivostat® system represents another alternative as a hemostatic sealing material for surgical approaches and sites. It is quick to prepare and apply intraoperatively and effectively reduces intra- and postoperative bleeding.

Our findings are consistent with recent literature reporting the benefits of autologous fibrin spray adhesive in different specialties, such as improved hemostatic control, less postoperative drainage, and uniform sealing of surgical sites. However, its routine implementation may be limited by cost and preparation logistics. Therefore, future comparative studies with larger patient samples will be essential to confirm its effectiveness and to define its clinical indications more precisely.

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## Conflict of Interest Statement

The authors declare that this research was conducted without any commercial or financial relationships that could be interpreted as potential conflicts of interest. The authors further state that they have no conflicts of interest regarding the publication of this article. In addition, they explicitly declare that there are no financial, commercial, or other associations with the Vivostat® company or its representatives.

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## Ethics Committee

This study was conducted in accordance with the principles of the Declaration of Helsinki. The patient's identity remained anonymous in compliance with ethical standards. The authors confirm that this manuscript adheres to the recommendations of COPE (Committee on Publication Ethics) regarding ethical conduct in scientific publishing. There was no plagiarism, inappropriate authorship, or data manipulation.

## Consent to Participate

The use of the clinical case and corresponding images was authorized through informed consent obtained and signed by the patient included in this study.

## Consent for Publication

The authors confirm that the patient provided informed consent for the publication of Figures 1, 2, and 3.

## Authors' Contributions

AUTHORS' FULL NAME	ACADEMIC COLLABORATION													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
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Jessica Zeballos Cofré	x		x	x	x	x	x	x	x	x	x	x	x	x
Tomás Meza	x		x	x	x	x	x	x	x	x	x	x	x	x
María Ignacia Guerrero Guzmán	x		x	x	x	x	x	x	x	x	x	x	x	x
Soffía Díaz Abarza	x		x	x	x	x	x	x	x	x	x	x	x	x
Florencia Jollán Peña	x		x	x	x	x	x	x	x	x	x	x	x	x
Gustavo Matus-Miranda	x		x	x	x	x	x	x	x	x	x	x	x	x
Tomás Chesta	x		x	x	x	x	x	x	x	x	x	x	x	x

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| 6. Writing - Review and Editing | 13. Validation                           |
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